



*Health, Safety &  
Environmental  
Solutions for  
Business & Industry*

# HAND ARM VIBRATION TRAINING COURSES



**£500 million of claims  
awarded against  
the British Coal Board**

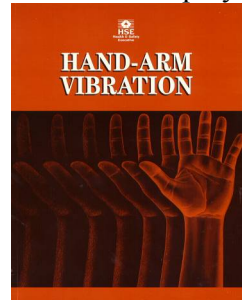
**Can you afford to  
ignore occupational  
vibration?**

## Vibration at Work

There has been growing concern about the effect of prolonged and regular work with high-vibration equipment on users. Without effective identification, quantification and controls, employees using such equipment could suffer various forms of damage known as 'Hand-Arm Vibration Syndrome' (HAVS) (which is a prescribed industrial disease) or symptoms resulting from Whole Body Vibration (WBV).

## Risk Assessment

Wherever employees are at risk, employers must consider what action is necessary to reduce the risk, so far as is reasonably practicable, to meet the requirements of legislation.



Employers must conduct suitable and sufficient risk assessments on all work that could expose employees to hazardous levels of vibration. Employers must also establish appropriate arrangements and control measures to minimise the risks. HSE Solutions can assist you to fulfil all of these requirements.

## Consultancy

HSE Solutions offer a whole range of tailored vibration solutions for all industries. This

includes the development and implementation of Hand Arm Vibration management programmes, management and staff training, vibration assessments and advice on medical surveillance programmes. All services are tailored specifically to your needs in order to **provide you, the client, with the complete vibration solution.**

## Training

**HSE Solutions** specialise in all aspects of Hand Arm and Whole Body Vibration providing a distinctive and uplifting experience as our programmes, delivered by the best trainers in the industry, have been developed to account for the operational problems of field assessment. Courses are designed by assessors for assessors, allowing them to be steered towards the precise needs of your delegates.

**HSE Solutions** offer you a powerful opportunity to raise levels of knowledge and professionalism that exceed the demands of today's working environment. The courses listed outline some of the procedures and policies that can be adopted by organisations to manage occupational vibration exposure, and look at some of the possible pitfalls and solutions that are associated with it.

## HSE Solutions

102 Bath Street  
Glasgow  
G2 2EN  
Telephone 0141 332 3199  
Fax 0141 332 3299  
mail@hse-solutions.co.uk

## In-House Training

*- Training how you like, when you like and where you like...!*

Our unique in-company courses are tailored specifically to your needs, building upon your training requirements. All of our courses can be delivered on-site at premises of your choice and at a time to suit you. This is a very cost-effective method of training, with in-house courses charged at a discounted rate.

## Modular Training



HSE Solutions offer a unique modular training programme that will meet all requirements and is accredited for the allocation of Institution of Occupational Health and Safety (IOSH) Continuing Professional Development (CPD) points. These training courses cover the detailed requirements of legislation and look at current case law relating to compensation claims. They are in a modular format and can be taken as independent courses in their own right or as a complete package.

**If you wish to further discuss the issues in relation to Hand Arm or Whole Body Vibration and the effects upon your organisation, or the other services provided by HSE Solutions, please do not hesitate to contact us for your initial free consultation.**

## Module 1

### Hand Arm Vibration Awareness

One Day Training Programme  
(2 IOSH CPD Points)

This course is designed to give Operational Management, and Health and Safety Professionals the knowledge and awareness of the risks associated with Hand Arm Vibration. It looks at the practical measures that can be taken to manage and minimise vibration exposure.

## Modules 1 + 2

### Hand Arm Vibration Assessors

Four Day Training Programme  
(8 IOSH CPD Points)

This course is designed to give Occupational Health and Safety Professionals the knowledge and awareness of the risks associated with Hand Arm Vibration. It also provides the detailed knowledge and expertise required to conduct and document field risk assessments of exposure to Hand Arm Vibration within the workplace.

## Module 3

### Whole Body Vibration Assessment

Five Day Training Programme  
(2 IOSH CPD Points)

The module builds on the Hand Arm Vibration assessor's course and provides the detailed knowledge and expertise required to conduct Whole Body Vibration assessments within the workplace.

## TRAINING BOOKING FORM

Name .....  
Company .....  
Address .....  
.....  
.....

Telephone No .....  
Fax No .....  
Position in Company .....  
E-mail .....

Please book me:

..... places on HAV Awareness £195  
..... places on HAV Assessors £950  
..... places on HAV & WBV Assessors £1,150  
All prices are exclusive of VAT

### Course availability dates

#### HAV Awareness

1Day - Phone for next available dates in your area

#### HAV Assessors

5 Days - Phone for next available dates in your area

#### HAV & WBV Assessors

6 Days - Phone for next available dates in your area

Sub total .....

Please send me information on discounted accommodation rates with local hotels.

### PAYMENTS

Payment is due in full at time of booking.

Please invoice me for payment

### Cancellations:

The following charges will be made for cancellations:

20% up to 21 days

50% up to 14 days

100% up to 7 days

Where possible HSE Solutions will attempt to re-schedule any cancelled courses.